

Changing Keys

A speech and voice feminization training program for adults who are transitioning, have transitioned, or are living at least part-time as their felt gender.

What is Changing Keys?

Changing Keys is an intensive speech and voice training program, which is offered in an individual and group format, for adults ages 18 and older. Changing Keys follows a set curriculum, consisting of a speech/voice evaluation before and after the course, and the program itself. Some of the speech and voice parameters the program covers include, speaking pitch, vocal inflections, voice quality, vocal resonance, and speech-sound articulation. The program discusses but does not work directly with other aspects of communication such as: gestures, facial expressions, word choice, laughing, listening behaviours and turn taking in conversation.

Changing Keys' sessions run between 6 – 8 weeks and is held virtually.

Please carefully review the following criteria before sending us your application and committing to participate. If you'd like to be considered for a future group but can't commit right now, please feel free to sign up.

If you are under 18 years of age, please still apply as we will keep your application on file for when you are eligible for the program.

Stay informed! Visit [our website](#) for current information.

Criteria

There is a high demand for the Changing Keys program! You must commit to attending all classes and doing intensive practice. The voice training usually involves two, 15-minute practice sessions per day, in addition to utilizing your voice in everyday circumstances. It's a big commitment, so make sure this is the right time in your life to do this. You can always defer your acceptance into the next program offering if the current timeframe does not work for you. If you miss sessions, except for instances such as a sudden emergency, these may not be re-booked. Please also keep in mind that Changing Keys cannot be re-taken once you have started the program.

Application Form

Date: (MM)/ (DD)/ (YY)

Name:

Age:

Phone:

Cellphone:

Email:

Text message: Yes No

Contact preferences:

1. Please check how you prefer we contact you: Email Phone Cell:
2. If we cannot reach you by your preferred choice(s), can we contact you by your unselected choice(s)? Yes No
3. May we leave you a voicemail? Yes No

Location (nearest city):

Comments (optional):

NOTE: People are put on the Changing Keys' waitlist when a completed application is received. This means people are listed in chronological order based on when we receive your completed application. In other words, people are served on a "first come first served" basis. It is always a good idea to confirm that we have received your application. You will receive email confirmation from transcareteam@phsa.ca when the application is processed and your date of application would be honoured.

Please be sure to keep your contact information current, or update us, should there be any changes - we don't want to miss you!