Trans Care BC

Referral for Surgical Readiness Assessment

Provincial Health Services Authority

Fax completed form to 604-297-9900

Questions call 1-866-999-1514

Incomplete forms will be returned. See page 2 for instructions & resources.

| Referral Date (YYYY-MMM-DD) | | | | | | | |
|--|--|----|-----------------|--|-----------------------------------|----------------------------|--|
| PATIENT INFORMATION | | | | | | | |
| Last name: Name used: | | | | | | | |
| Name (as appears on BC Services Card): | | | | Pror | nouns: | | |
| PHN: Date of birth (YYYY-MM | | | | | | Under 18yrs? | |
| Address: Province: | | | | | | ostal code: | |
| City: | | Is | patient a Canad | ian citizen o | or permane | nt resident? 🗌 Yes or 🗌 No | |
| Phone: Voicemail ok? Yes or No Email: | | | | | | | |
| Primary language: | | | | | Interpreter required? Yes or No | | |
| Emergency contact name: Emergency contact phone: | | | | | | | |
| Any considerations regarding appointment booking? | | | | | | | |
| REFERRAL DETAILS | | | | | | | |
| Have you or a qualified* provider confirmed a diagnosis of gender incongruence/dysphoria for this patient? *MD/NP and some allied health providers are qualified to diagnose. See page 2 for guidance. | | | | | | | |
| Client open to transferring referral to regional gender clinic, where available? | | | | | | | |
| | GENITAL SURGERY Assessment for genital surgery must be done by a provider on Trans Care BC's list of approved clinicians. Vaginoplasty – full depth, vaginoplasty – minimal depth, or vulvoplasty Phalloplasty, metoidioplasty, or erectile tissue (clitoral) release | | | | | | |
| Surgery type(s) (Select all that apply) | GONADECTOMY Assessment for gonadectomy can be done by MD/NP and some allied health professionals per WPATH SOC 8. For consultative support to complete this assessment yourself, access RACE (app/phone) or eCASE. Hysterectomy (with or without oophorectomy) Orchiectomy (with or without scrotectomy) Gonadectomy may not require surgical assessment. Please refer to surgeon before submitting this form. | | | | | | |
| | UPPER SURGERY Assessment for upper surgery can be done by MD/NP and some allied health professionals per WPATH SOC 8. For consultative support to complete this assessment yourself, access RACE (app/phone) or eCASE. Chest reduction & construction (mastectomy & contouring) Breast construction (augmentation) Alternative referral form may be required. See page 2 for details. | | | | | | |
| Surgery date (if known – gonadectomy only): | | | | | | | |
| Height: Weight: BMI: Sleep apnea – If checked: CPAP therapy? Yes or No | | | | | | | |
| Length of time on hormone therapy: For some surgical procedures, time on hormone therapy is required, | | | | | | | |
| List start date or number of months/years. unless hormones are not clinically recommended for the patient. | | | | | | | |
| Any concerns regarding the stability of your patient's physical or mental h | | | | alth? | 🗌 No | Yes, SEE ATTACHED | |
| Any medical or surgical history? | | | | | No | Yes, SEE ATTACHED | |
| Any current medications and/or allergies? | | | | | | | |
| Any psycho-social concerns that may impact treatment? | | | | | No | Yes, SEE ATTACHED | |
| Any substance use (including tobacco, cannabis, other)? | | | | | No | Yes, SEE ATTACHED | |
| A history of physical or verbal aggression? | | | | | | | |
| Other care providers involved (e.g., specialists, support workers, mental health team): Please list name(s), organizations, phone numbers. | | | | | | | |
| REFERRING PROVIDER | | | | | | | |
| Name: MSP #: | | | | Office address: | | | |
| Primary care provider: | | | | If available, place officePhone:Fax:information Label or Stamp | | | |
| Signature: | | | | YYYY-MM-DL | D): | information Label or Stamp | |



Instructions

- **1. Complete this form** and select type(s) of surgery applicable to the surgical readiness assessment.
- 2. Trans Care BC will contact the patient to book the appointment.
- **3. Trans Care BC will forward completed surgical care plan to referring provider** (and primary care provider if different).
- **4. Provider to refer patient for surgery.** Trans Care BC <u>cannot</u> refer a patient for surgery. Information on surgical referral pathways can be found on the <u>Trans Care BC website</u> (Health Professionals – Forms, referrals & assessments)

REFERRAL FOR UPPER SURGERY

After assessment is completed, patients must be referred to a surgeon.

Two pathways are available:

- 1. Referral to the Upper Surgery Central Waitlist (supported by Trans Care BC).
 - "Referral for Upper Surgery" form available at the <u>Trans Care BC website</u> (Health Professionals Forms, referrals & assessments).
- 2. Referral to plastic surgeon in BC who is not connected to the Upper Surgery Central Waitlist.

REFERRAL FOR GONADECTOMY

Refer directly to surgeon. **Gonadectomy may not require surgical assessment.** Please refer to surgeon before submitting this form.

- A list of surgeons who can provide gender-affirming gonadectomies can be accessed at <u>pathwaysbc.ca</u> (*Filter for "Transgender Gender-affirming treatment"*)
- Alternatively, contact the Trans Care BC <u>health navigation team</u> for a list of urologists and gynecologists who offer these procedures.

REFERRAL FOR GENITAL SURGERY

Refer directly to surgical centre:

- **Gender Surgery Program BC (GSPBC):** refer directly for any genital surgery. More information available at the <u>GSPBC website.</u>
- **GRS Montreal:** refer directly (vulvoplasty & vaginoplasty are the only publicly-funded surgeries available to BC residents at this clinic). More information at the <u>GRS Montreal website.</u>

SUPPORT FOR DIAGNOSIS OF GENDER INCONGRUENCE/DYSPHORIA

- Use RACEapp+ and select the "Transgender Health" option to consult with an experienced clinician
- Contact the RACE line at 1-877-696-2131
- Contact eCASE at ecase@providencehealth.bc.ca